

# Course Map & Resources

The following items are on  
[www.moraineadventure.com](http://www.moraineadventure.com)  
and also supplied to Team  
Captains.

# This page tells you which maps show race stages and checkpoints.



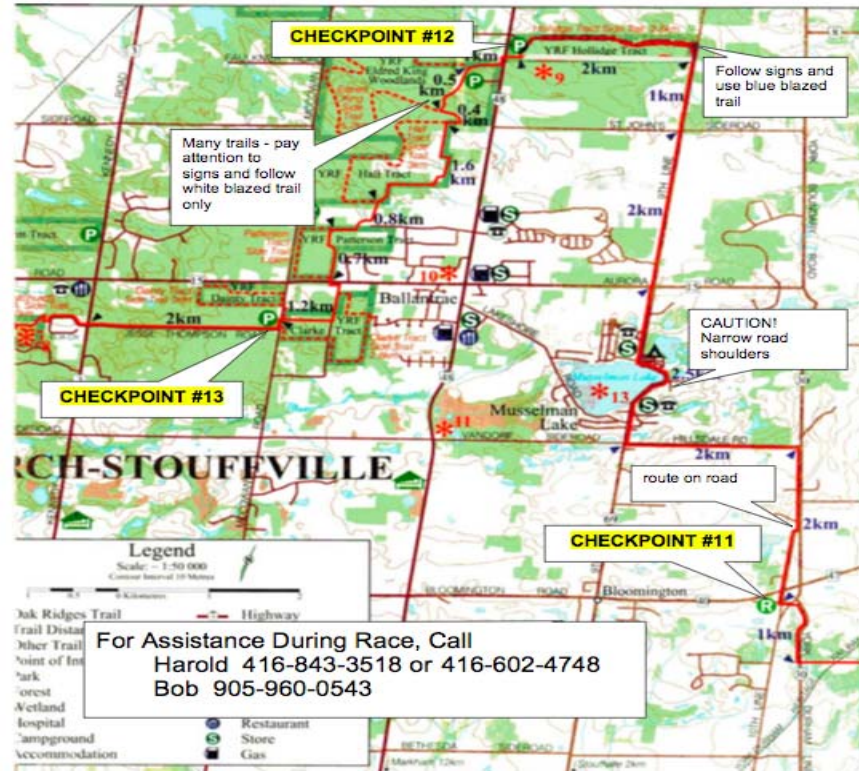
## RELAY STAGES

Stage	Start Locations & Checkpoints (CP)	Map #	Default Start Time	Finish Locations	Activity	Distance (km)	Estimated Finish (for 8am start)
1	Gore's Landing	1		Bewdley Waterfront	Canoe	8	9:00-9:30 am
2	Bewdley Waterfront	2 & 3	9:30 am	Ganaraska Forest Centre (Cold Springs Camp Rd)	Mtn Bike	18	10:00 am-11:30 am
3	Ganaraska Forest Centre	4	11:30 am	Boundary Rd Parking Lot #3 (green 'P')	Run/Hike	10	11:00 am-1:00 pm
4	Boundary Rd Parking Lot #3	4 & 5	1:00 pm	Hwys 35 & 115 Junction	Run/Hike	6	11:45 am-2:00 pm
5	Hwys 35 & 115 Junction	5	2:00 pm	Darlington Con. 8 & Darlington-Clarke Townline	Run/Hike	7	12:30-3:00 pm
6	Darlington Con. 8 & Darlington-Clarke Townline	5 & 6	3:00 pm	Long Sault Conservation Area Parking Lot	Mtn Bike	10	1:15-4:00 pm
7	Long Sault Conservation Area	7 & 8	4:00 pm	Purple Woods Conservation Area	Mtn Bike	19	2:15-5:00 pm
8	Purple Woods Conservation Area	9	5:00 pm	Houston Rd., Durham Forest (west of Lakeridge Rd)	Road/Mtn Bike	15	3:00-6:30 pm
9	Houston Rd., Durham Forest (west of Lakeridge Rd.)	10	6:30 pm	Concession 4, Uxbridge Twp.	Run/Hike	10.5	3:45-8:00 pm
10	Concession 4, Uxbridge Twp.	11	8:00 pm	Bloomington Rd. & 10 <sup>th</sup> Line	Run/Hike	11	4:30 pm-9:00 pm
11	Bloomington Rd. & 10 <sup>th</sup> Line	12	9:00 pm	YRF Hollidge Tract / east side of #48 (Parking Lot)	Mtn Bike	12	5:00 pm-10:00 pm
12	YRF Hollidge Tract / east side of #48 (Parking Lot)	12	10:00 pm	McCowan Rd & Jesse Thompson Rd, Stouffville	Run/Hike	6.5	5:40 pm-11:00 pm
13	McCowan Rd & Jesse Thompson Rd, Stouffville	13	11:00 pm	Sheppard Bush Conservation Area, Aurora	Road/Mtn Bike	15	6:00 pm-12:00 am
14	Sheppard Bush Conservation Area, Aurora	14 & 15	12:00 am	ORTA – Seneca College – King City	Run/Hike	9	6:45 pm-1:00 am

Total distance = 157 km (i.e. approx. 160 km). Run 60 km; Biking 89 km; Canoeing 8 km

# Course Map

- This is a sample of the detailed course maps provided. Important notes on the trail are given and checkpoint locations marked.



**MAP 12**

# Checkpoint Maps

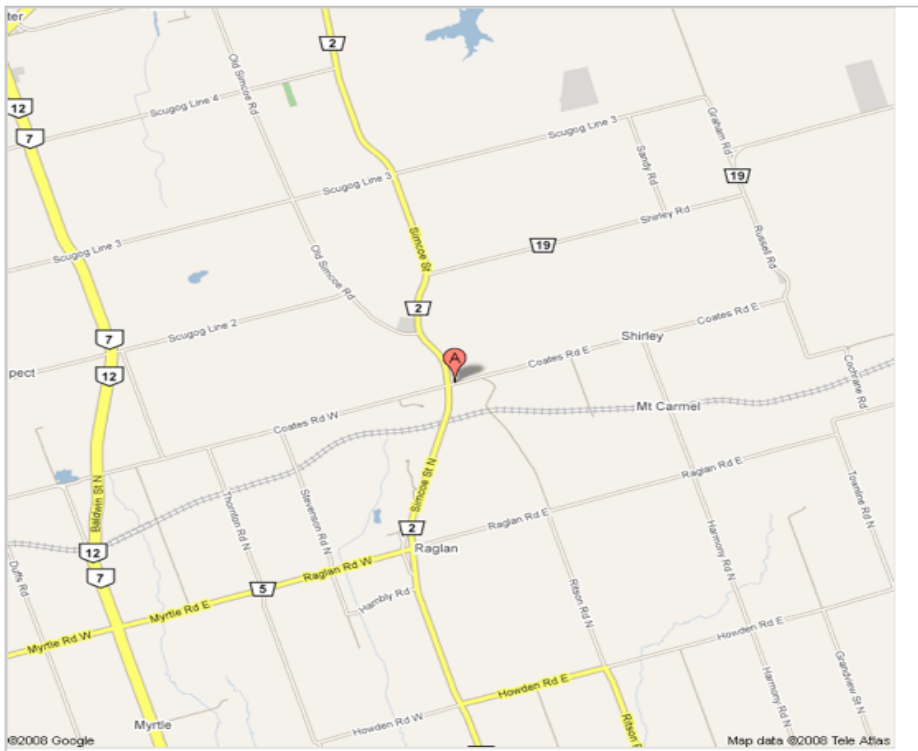
21 Coates Road East, Oshawa, Ontario, Canada - Google Maps

06/01/09 6:33 PM



Address **21 Coates Rd E**  
**Oshawa, ON**  
**Canada**

Notes Purple Woods Conservation Area  
CHECKPOINT #



- Google maps are provided to show the address and location of each checkpoint.

# Driving Directions

We also provide written directions on how to drive to each checkpoint, as well as from checkpoint to checkpoint.

## THE MORAINÉ FOR LIFE ADVENTURE RELAY



### DRIVING DIRECTIONS TO STAGES (CHECKPOINTS)

**Notes:**

Directions to checkpoints start at Hwy 401. Adjust as necessary for your point of origin.

Directions to next checkpoint will assist you if you plan to drive to subsequent checkpoints.

Stage Checkpoints	Checkpoint Location	Directions to Checkpoint from Hwy 401	Directions to Next Checkpoint
1 START	Gore's Landing	Exit Hwy 401 at Cobourg, taking County Road #18 north to Gores Landing. Cross Northumberland County Road #9 still on Rd #18. Continue straight on #18 (Burnham Rd.) towards the lake. #18/Burnham becomes Plank Rd a short distance from the lake. The last road on your left before you reach the water is Church Hill Road; turn left. Follow Church Hill Rd past the church and look for #8650 at driveway. Enter and follow driveway down the hill, curving to the right. You will see a large house on the waterfront.	To Checkpoint #2: Return to County Rd #9 (Oak Ridges Drive) turn west (right), 7.5 km to Rice Lake Drive and turn right. Follow road along waterfront and park beside waterfront park, opposite Rhino's Roadhouse restaurant.