



THE 2<sup>ND</sup> ANNUAL MORaine FOR LIFE ADVENTURE RELAY  
DRAWS TEAMS FROM ALL WALKS OF LIFE IN SUPPORT OF THE OAK RIDGES TRAIL ASSOCIATION

*Elite Racers, EMS, Students, Vaccine Researchers, Conservation Groups, Families and Friends and Oak Ridges Trail Association members are among wide range of teams hitting the Oak Ridges Moraine Trail this Saturday*

FOR IMMEDIATE RELEASE - King City, Ontario - The Moraine For Life Adventure Relay, supporting The Oak Ridges Trail Association (ORTA), hits the trail with teams not only from all walks of life, but from across the Oak Ridges Moraine and beyond.

The 160km, 24-hour team challenge kicks off June 14<sup>th</sup> from 7am-8am at Gore's Landing on Rice Lake.

The colourful slate of teams gearing up for the event gives a hint of what to expect on race day. Watch for the Moraine Marauders, Run Like the Dengue, the ECOHOLICS, the Sand Spinners, We Do It Outdoors, the Poisoned O.A.K.S. and the Millbrook Masters among many others racing for victory!

ORTA also welcomes back former Olympic gold-medalist Marnie McBean as she and Team 7 Systems defend their 2007 Moraine for Life Adventure Relay win.

"The team names alone lend to the real enthusiasm and friendly competition we want to see in the Moraine for Life Adventure Relay", comments Course Co-Director, Brian Millage.

Geographically, the Oak Ridges Moraine community is widely represented, with teams from ORTA, King Township, Newmarket, Port Hope/Cobourg, Aurora, Millbrook, Toronto, Markham and Oshawa. One team has representation from as far away as Windsor.

"In our second year of the Adventure Relay, team participation has tripled, and we're seeing a remarkable boost in awareness of the event and overall support. All of this demonstrates the growing commitment being made to the Oak Ridges Trail and the Oak Ridges Moraine", notes ORTA Executive Director, Harold Sellers.

For a list of teams and profiles, visit [www.moraineadventure.com](http://www.moraineadventure.com) and click on UPDATES.

ORTA is pleased to have Rice Lake residents Bill and Maria MacDonald host the start of the Relay from their dock at 8650 Church Hill Road, Gore's Landing. [MAP](#)

Teams and supporters will gather from 7am on June 14<sup>th</sup> at the MacDonald's, with opening ceremonies preceding the official 'air horn start' at 8am.

The first stage is an 8 kilometre paddle on Rice Lake to Bewdley. Teams will then tag off at checkpoints along the Oak Ridges Trail to conclude in King City at ORTA's Gatehouse office, Seneca College King Campus.

ORTA invites the public to come out to a checkpoint and cheer the racers. For a full list of checkpoint locations and maps, visit [www.moraineadventure.com](http://www.moraineadventure.com) and click on COURSE.

The Moraine for Life Adventure Relay is designed to bring awareness to the moraine's environmentally significant landscape. All proceeds will help the Oak Ridges Trail Association protect the Moraine's healthy habitat, ecosystem and heritage, extend the Oak Ridges Trail and encourage responsible land use.

#### **ABOUT ORTA**

The Oak Ridges Trail Association (ORTA) is a volunteer, community-based organization that builds and maintains the Oak Ridges Trail, a 260 km public hiking route across the Oak Ridges Moraine from Palgrave in the west to Rice Lake in the east. ORTA recently announced the extension of the trail to the eastern border of the Moraine, at Castleton.

(MORE)

### **ABOUT THE OAK RIDGES MORaine**

The Oak Ridges Moraine is a ridge of land that runs parallel to and about 60 km north of Lake Ontario. It extends about 160 km from the Niagara Escarpment in the west to the Trent River in the east.

The Moraine has many significant features. In particular is the ground water, which results from rainwater percolation into the generally porous soils of the Moraine. The Moraine also forms the watershed divide between Lake Ontario and Lake Simcoe and is the headwaters to more than 30 rivers.

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